



Facts & Stats

Eye doctor visits can be expensive. Vision insurance helps cover the costs of eye exams, eyeglasses and contacts.

Did you know?

Regular visits to your eye care professional may benefit more than your eyesight — they may help contribute to your overall health by potentially catching serious problems.¹

Among U.S. adults...



64%

wear prescription eyeglasses.²

With competitive employee rates, you may be able to get MetLife PPO Vision for monthly rates that are less than the average cost of...



A medium cup of coffee³

1x per week

Consider this:

*We avoided going to the eye doctor due to the high cost. Thanks to **vision insurance**, we saved on eye exams and new eyewear for the whole family.⁴ Our child is adjusting to new glasses, and I love my contact lenses. Recently, when I had my own eye exam, my doctor caught the early signs of diabetes,¹ so I followed up with my physician right away.**

* This is a fictional example. MetLife does not claim that these are typical results that members will generally achieve.

What you need to know about MetLife Vision:

- You can save⁴ on exams, glasses, contact lenses, laser vision correction⁵ and more.
- Select any licensed vision care specialist⁶ or choose from a large network of ophthalmologists, optometrists, and opticians at private practices or retail locations.
- Get the style you want. Choose from classic styles to the latest designer frames — and select what's right for you and your budget.

Enrollment period: April 14 - May 22

See how much you could save with MetLife Vision in this example.

Vision Service ⁷	Average cost without MetLife's Vision Plan ⁷	Average cost with MetLife's Vision Plan	Potential savings ⁸
Eye Exam	\$140	\$10 (co-pay)	\$130
Glasses	N/A	\$25 (co-pay)	N/A
Frame	\$140	\$8	\$132
Lenses (bifocal)	\$139	\$0	\$139
Ultraviolet (UV) coating	\$23	\$0	\$23
Anti-reflective coating	\$106	\$69	\$37
Annual premium ⁹	N/A	\$79	N/A
Total cost of services	\$548	\$191	\$352

Hampshire County Group Insurance Trust Rate Summary

Coverage			Rates	
New Vision Option 7013499				
Vision <i>(Per Employee Per Month)</i>				
▪ Employee Only			\$6.57	
▪ Employee + Spouse			\$13.17	
▪ Employee + Child(ren)			\$11.14	
▪ Employee + Family			\$18.37	
Rates are guaranteed from July 1, 2023 - June 30, 2025				